Rear Vision

From Page 4

robbed Ore City branch of Longview S&L of $5,000 . . . Sheri L. Gipson, GHS senior, received a 4-year National Merit Scholarship from Southwestern Univ. Georgetown . . . A group led by Curtis Lock of Longview was seeking to organize a national bank at Diana . . . Libby Doggett campaigned here on behalf of her husband, U.S. Senate candidate Lloyd Doggett; ditto Kathleen Krueger for husband Bob Krueger . . . David Loyd, running for Pct. 3 Commissioner, led all county candidates in campaign spending/contributions as election day neared . . . Laura Martin, a TJC Apache Belle and GHS graduate, was pictured in *Time* magazine presenting bouquet of yellow flowers to presidential candidate Gary Hart as he campaigned in Tyler . . . Wil-Max, a new convenience store owned by Wesley W. Wilson on Hwy. 271 N., held its grand opening . . . Dr. Rodney Honeycutt accepted a teaching position at Harvard as asst. professor of biology . . . Deaths included Mrs. Pauline Jones, Henry Jack Williams, 62; Howard Seahorn, 81; Mrs. Blanche Buie, 87; Zetta Ellenhausen, 90; Clarence Fielden, 74.

FIFTY YEARS AGO

Ara Schrum, 90, longtime Upshur County school teacher and member of a pioneer Rhonesboro family, died . . . Some Gilmer service stations ran out of gasoline . . . Receiving honors at the Upshur County Chamber of Commerce banquet were Byron Spencer, outstanding man; Daisy Potter, outstanding woman; Andy Glaze, outstanding youth citizen . . . Rev. Ray Thompson, pastor of Enon Baptist Church, was named pastor of Calvary Baptist Church in Gilmer . . . A total of 6,000-7,000 of Upshur County's 13,635 registered voters were expected to cast ballots in primary, which included non-binding referendum on pari-mutuel betting . . . John M. Hill received an engraved watch, after 32 years service to Gilmer VFD . . . Gilmer barber D.O. Jones was surprised to find his comments on an upcoming Congressional election quoted in the *Wall Street Journal* . . . J.C. Johnson, Harmony school tax assessor-collector for 18 years, resigned . . . Pat McNeel was chosen president of Harmony School Board.

SIXTY YEARS AGO

J.D. Warren of Gilmer received the Chamber of Commerce's outstanding citizen award . . . A hail storm struck northeast Upshur County, punching holes in roofs of barns and broiler houses . . . Historical marker ceremonies for the Marshall & East Texas Railroad drew the wife and son of the famous M&ET conductor Cliff Riden, who was killed in a wreck . . . Soules Chapel Methodist Church also received a state historical marker . . . Wayne Wilson was named president of Union Grove School Board . . . Dolph Briscoe, candidate for governor, visited Gilmer.

SEVENTY YEARS AGO

Mrs. Ramah L. Hudson was picked as HD Woman of the Year . . . Heavy rains did more than $100,000 worth of damage to county gravel roads . . . Johnny Hines was hired to be science teacher at GHS . . . Shirley Ann Davis was valedictorian and Herbert Blackmon was salutatorian at East Mountain . . . Union Hill valedictorian was Virginia Richardson; salutatorian was Sarah Parish . . . New Diana honor students were Woodson Harlow, Wanda Shockey and James McWhorter.

Here's What's Cooking . . .

By Betty Bivins Cook

This week's recipes come from "The Scrumptious Book of Chocolate, History and Recipes from Conner Prairie Museum" by Susan Street Cook.

The history of chocolate dates back to the Maya and Aztecs. The chocolate tree, Theobroma cacao, grows in the humid lowlands and tropical forests of Central and South America. While no one knows who first discovered how to make chocolate from the cacao pods, the Maya were the earliest civilization to record the process of making chocolate. The Maya, who flourished from 270 AD to 800 AD, drank their bitter chocolate frothed , poured back and forth from jar to jar to raise tyhe foam. Chili peppers, vanilla and other spiices were often added to the chocolate to flavor it.

The Aztecs valued chocolate so much they stored vast quantities of cacao beans in royal warehouses to use as payment or to drink. As part of their military ration, the soldiers of the royal guard enjoyed some 2000 vessels of foamed chocolate daily. The last Aztec ruler Montezuma drank as many as 50 cups of chocolate a day.

The first European to encounter chocolate was Christopher Columbus in 1502, on his fourth and last voyage to this new world. Sixteen years later, in 1519, Hernando Cortes drank chocolate at various feasts given in his honor by Montezuma. Cortes and his conquistadors soon realized the Aztecs used chocolate as currency to buy food and services. In Aztec society, money did indeed grow in trees. For instance, porters were paid 100 cacao beans a day for their services while a small rabbit was worth about 30.

Spanish conquistadors and missionaries enjoyed the Aztec's drinking of chocolate, and helped popularize it with the Spanish people. Gradually, the traditional Aztec flavorings were abandoned in favor of sugar, cinnamon, anise seed, and black pepper. Instead of preparing the chocolate from jar to jar, it was frothed using a wooden mill.

By the mid 17th century Spanish royalty had developed a fondness for chocolate, preferring it served hot. Soon the aristocracy of Italy, France, and Europe were drinking chocolate.

Chocolate, along with tea and coffee, was introduced in England in about 1650. The first English chocolate house was White's, which developed into an exclusive men's social club. Chocolate was also sold in coffee houses, along with tea, coffee, cider, and other offerings.

In America, chocolate took a little longer to attract an admiring public. Enterprising sea captains included cacao beans as part of their cargo by the 18th century. Because of chocolate's healthful properties, Boston apothecaries advertised chocolate by 1712.

America's oldest chocolate company was founded in 1765 by Dr. James Baker and John Hannon. Hannon's Best Chocolate Company sold dried cakes of ground chocolate. After Hannon died in 1799, the business became the Baker Company. In 1820, the founder's grandson, Walter Baker, took over the company To this day, the company sells cakes of chocolate, though now cut conveniently into squares. Historically, a cake of chocolate was about 8 ounces of solid unsweetened chocolate.

The Ghirardelli Chocolate Company was founded in San Francisco in 1849 by Domenico Ghirardelli, an Italian nfectioner who came to Cal

ifornia for the Gold Rush. He operated out of a tent in Stockton. For a short time he operated a confectionary shop in San Francisco, but it burned down in 1851. He wasn't deterred and by 1885 was importing 200 tons of cacao beans a year.

At the turn of the 20th Century, chocolate and cocoa were used in drinks, cakes, pies, candies, ice cream, cookies, custards, creams and jellies. Most American chocolate manufacturers were small businesses run by families who had their own special candies or confections.

However, Milton Hershey and Frank Mars changed all that. Today, Hershey and M&M/Mars, control about 75 percent of the American candy market.

Next week we will have chocolate recipes from this cookbook.

I got my cookbook at T.C. Lindsey's Country Store near Marshall. They have a large selection of historic cookbooks.

Traffic stop results in arrest of Kilgore man

By Phillip Williams

A traffic stop near Gladewater last week resulted in the arrest of a Kilgore man who was found possessing 163 grams of suspected methamphetamine, said Upshur County sheriff's Chief Deputy David Hazel.

Gerald Hosea Gibson, 47, remained in county jail Friday under $100,000 bond on a charge of manufacture/delivery of a controlled substance--between four and 200 grams of methamphetamine, said Hazel.

The Special Investigations Unit of the sheriff's office arrested Gibson on April 22 near the intersection of U.S. 80 and Mesquite Road west of Gladewater, the chief deputy said.

When stopped for a traffic violation and asked where he was coming from, Gibson "mentioned names that drew suspicion," said Hazel, who gave this account of subsequent events

The suspect was informed that the unit's drug-detecting dog, "Marco," would walk around the vehicle. Gibson exited the car, reached in his pockets, and turned over one large bag and one small bag of methamphetamine, along with a methamphetamine pipe, to the unit.

Officers then searched the car, found the remainder of the suspected methamphetamine, and seized it along with $2,343 in suspected drug sale proceeds.

Precinct 2 Justice of the Peace Lyle Potter set bond.

Wells

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TSTC is helping us."

Wells' commitment to his education and his goals for his company do not go unnoticed by his instructors.

"Henry has been a dedicated student who demonstrates professionalism," Drafting and Design instructor Brenda Murrell said. "It is a pleasure to have him as a student."

Wells plans to graduate in 2025. He said he also hopes to build a development of 10 to 20 three-bedroom, two-bath houses.

Wells hopes his three children will follow in his footsteps and pursue a TSTC education. He is also considering getting more involved with the Marshall location's Veteran Services -- being a U.S. Army veteran himself -- and someday holding employer spotlights for his fellow Drafting and Design students.



HENRY WELLS

"You'll have an advantage going to TSTC," Wells said. "TSTC, to me, is an important asset of Marshall, Texas."

Registration for the summer and fall semesters is currently underway. For more information on TSTC, go to *tstc.edu*.

Southern Belles recall favorites

The Southern Belles Club of the Upshur County Extension Education Association met April 17, hosted by Joyce Raabe at her home in Gilmer.

After the Extension Education Prayer was recited, roll call was taken with the question of "What is a favorite recipe of your mom's that you loved to eat?"

This question brought some memories of the member's favorites when growing up.

Some members recalled desserts, such as homemade Cottage Cheese Pie (the cottage cheese was freshly made) or a Gooey Butter Cake, with a yeast crust and gooey center. Another member told about a special tulip bowl she remembered her mom's potato salad was always served in! For some it was a caramel, chocolate or apple pie, with a wonderful crust or filling.

We all decided Mom's recipes were so good because of the certain touch that she would put into it. Even if we had the recipe, it still was not the way "Mom made it."

The business part of the meeting included approving the minutes and treasurer's report.

Linda Steger informed the group that the Yamboree fundraiser quilt tickets were now available at $1 each or six for $5.

Betty Russell, Sunshine chair, thanked us for bringing coins and snacks to fill our nursing home resident Martha's April birthday basket. Included in the basket was a lovely Spring top that was to be a special surprise! Della Layton added a hand-crafted bedside pocket organizer. Martha would also receive a bouquet of flowers. Betty invited the group to visit Martha after the meeting.

The next item on the agenda was the discussion of the upcoming Cultural Arts competition for many creative projects, with a deadline of May 31.

In anticipation of the state conference to be held in September, Betty Russell accepted the nomination of the club's delegate. The last agenda item was nominations for the 2024-2026 club officers and association delegates.

The slate included Joyce Raabe, president; Mary Wandersee, vice president; Linda Steger, treasurer; Pat Bynum, secretary; Betty Russell, Sunshine chair; Paulette Barrett and Pat Bynum, association delegates; and Mary Wandersee, reporter.

After the meeting was adjourned, Judy Dodson Crowder, master gardener, presented a spring topic on butterfly gardens. The group discovered the East Texas area is part of the Spring Monarch Butterfly Migration when the Monarchs leave Mexico and head north.

The main needs for the butterflies are certain flowers and host plants, such as milkweed or nectar plants, coneflowers and butterfly bush.

Other important essentials include a water source (such as a shallow dish with rocks, salts and minerals), shelter from the weather and sunny days for warmth. An interesting fact was the life span of a butterfly is one month.

The last of the generation of Monarchs for the season can live up to nine months, as they winter in Mexico.

A luncheon followed the meeting, with creamy chicken spaghetti, vegetables, salads and pies for dessert.

Those attending the meeting were Joan Warren, president; Joyce Raabe, vice president; Linda Steger, treasurer; Pat Bynum, secretary; Betty Russell, Sunshine chair; Della Layton, Paulette Barrett, Lynn Worn, Rosemary Moody and Mary Wandersee.

For more information about the Texas Extension Education Association in Upshur County, please contact Linda Steger, president of the Upshur County EEC at 903-843-2570, or Extension Agent Julie York at 903-680-8128.

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Younger Workers Must Balance Financial Priorities

By Chad Burkhalter



If you're a younger worker just starting out in your career, you've got tremendous personal and professional opportunities ahead of you. But this is also when you will need to make some key decisions — especially about your financial priorities.

When considering your priorities, you may find it helpful to look at these three areas:

• ***Paying off debts*** – If you're like many young working people, one of your biggest debts may be your student loans — and paying these down is, by necessity, a priority, because falling behind on your student loan payments can lead to late fees and other problems. So, if you haven't done so already, you may want to enroll in autopay, which will help you stay current on your loan and possibly earn a rate reduction.

• ***Saving for short-term goals*** – At this stage of your life, you may be thinking about saving for at least one or two significant short-term goals, such as a wedding or a down payment to a house — or perhaps both. Obviously, your ability to save for these goals will depend on your income, your current cost of living and your debt situation. But if a wedding or a new home is indeed a priority for you, you'll want to look at what's possible, in terms of putting money away. Since you know you'll need a certain amount of money at a given time, you may want to automatically move a set amount from your checking or savings account each month to a low-risk account whose principal is essentially protected. You might not earn a lot on such an account, but at the same time, you won't have to worry about a drop in value just when you need to take out the money.

• ***Saving for retirement*** – Even though you may just be at the beginning of your working life, it's not too soon to begin preparing for its conclusion. You could spend two, or even three, decades in an active retirement, so you will need to accumulate considerable financial resources. Fortunately, here's an area in which you may be able to get some help, starting right away. If you work for a mid-size or large company, your employer may well offer a 401(k) or similar retirement plan. Your pre-tax salary deferral contributions are generally not taxable, so the more you put in, the lower your taxable income. Plus, your earnings can grow on a tax-deferred basis. (If your employer offers a Roth 401(k), your contributions will be taxable, but withdrawals will be tax-free, provided you meet certain conditions.) These days, even many small employers often offer some type of retirement plan, so it's likely to your benefit to take full advantage of it by contributing as much as you can afford.

Prioritizing these long-term savings goals, and striving to meet them with the appropriate solutions, can certainly be challenging. But as a young worker, you have the greatest — and most irreplaceable — asset on your side: time. So, make the most of it. Think carefully about your needs and options and take the steps that enable you to keep making progress toward all your objectives.

If you have questions, contact:

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